

**ALLERGY INFORMATION:** If your child has an allergy or intolerance please ask a member of the catering team for information. If your child has a school lunch and has a food allergy or intolerance you will be asked to complete a form to ensure we have the necessary information to cater for your child.

**Summer Menu  
2019-Pillowell**



**caterlink**  
feeding the imagination

|                         | Monday   | Tuesday  | Wednesday  | Thursday   | Friday  |
|-------------------------|--|--|--|--|---|
| <b>Week 1</b>           |  |  |  |  |   |
| <b>Main</b>             | Cheese & Tomato Pizza  | Sausages with Mash & Gravy   | Roast Pork with Roast Potatoes & Gravy   | Chicken Fajitas with Rice  | Fish Finger's Chips   |
| <b>Vegetarian</b>       | Pasta Neapolitan   | Quorn Sausage with Mash & Gravy  | Quorn roast with Roast Potatoes & Gravy  | Vegetable Fajita with Rice   | Cheese and Pepper Frittata with Ch  |
| <b>Sandwich/Jacket</b>  | Jacket Potato with Beans   | ½ Filled Baguette with Salad   | Jacket Potato with Tuna  | ½ Filled Baguette with Salad   | Jacket Potato with Cheese   |
| <b>Dessert</b>          | Carrots<br>Garden Peas<br>Sticky Toffee Apple Crumble with Custard<br>Yoghurt<br>Fresh Fruit Platter | Sweetcorn<br>Green Beans<br>Chocolate and Beetroot Brownie<br>Yoghurt<br>Fresh Fruit Salad | Carrots<br>Broccoli<br>Oaty Cookie<br>Yoghurt<br>Fresh Fruit Platter             | Grated Carrot Salad<br>Cauliflower<br>Iced Sponge<br>Yoghurt<br>Fresh Fruit Salad                          | Baked Beans<br>Garden Peas<br>Sliced Cheese, Apple & Biscuit<br>Fruit and Yoghurt Station |
| <b>Week 2</b>           |  |  |  |  |   |
| <b>Main</b>             | Roasted Vegetable Pizza  | Beef Burger<br>Baby Baked Potatoes   | Roast Garmmon with Roast Potatoes & Gravy  | Beef Lasagne with Garlic Bread   | MSC Fish & Chips  |
| <b>Vegetarian</b>       | Cheese and Pepper Whirl with new potatoes  | Chickpea and Potato Curry with Rice  | Vegetable loaf with Roast Potatoes   | Vegetable Lasagne with garlic bread  | Quorn Burger with Chips   |
| <b>Sandwich/Jacket</b>  | Jacket Potato with Beans   | ½ Baguette with Salad  | Jacket Potato with Tuna  | ½ Baguette with Salad  | Jacket Potato with Cheese   |
| <b>Dessert</b>          | Mixed Salad<br>Peas<br>Chocolate and Banana Square<br>Yoghurt<br>Fresh Fruit Salad                   | Green Beans<br>Sweetcorn<br>Carrot Cake<br>Yoghurt<br>Fresh Fruit Platter                  | Cabbage<br>Carrots<br>Flapjack<br>Yoghurt<br>Fresh Fruit Salad                   | Broccoli<br>Sweetcorn<br>Peach Upside Down Cake with Custard<br>Yoghurt<br>Fresh Fruit Platter             | Baked Beans<br>Garden Peas<br>Sliced Cheese, Apple & Biscuit<br>Fruit and Yoghurt Station |
| <b>Week 3</b>           |  |  |  |  |   |
| <b>Main</b>             | Cheese & Pepper Pizza  | Beef Meatballs with Mashed Potatoes and Gravy  | Roast Chicken & Stuffing with Roast Potatoes & Gravy                             | Chicken Curry with Rice  | MSC Battered Fish Chips   |
| <b>Vegetarian</b>       | Lentil & Sweet Potato Curry with Rice  | Mixed bean casserole with Mash   | Vegetable Wellington with Roast Potatoes & Gravy                                 | Maccaroni Cheese & Garlic Slice  | Vegetable pasty with Chips  |
| <b>Sandwich/Jackets</b> | Jacket Potato with Beans   | ½ Baguette with Salad  | Jacket Potato with Tuna  | Tuna Mayo/Onise Wrap with Salad  | Jacket Potato with Cheese   |
| <b>Dessert</b>          | Coleslaw<br>Sweetcorn<br>Chocolate Crunch with Chocolate Custard<br>Yoghurt<br>Fresh Fruit Salad     | Broccoli<br>Carrots<br>Lemon Drizzle Cake<br>Yoghurt<br>Fresh Fruit Platter                | Cauliflower<br>Green Beans<br>Vanilla Shortbread<br>Yoghurt<br>Fresh Fruit Salad | Diced Cucumber & Sweetcorn Salad<br>Carrots<br>Apple sponge with Custard<br>Yoghurt<br>Fresh Fruit Platter | Garden Peas<br>Baked Beans<br>Sliced Cheese, Apple & Biscuit<br>Fruit and Yoghurt Station |