

Autumn menu 2018

ALLERGY INFORMATION: if your child has an allergy or intolerance please ask a member of the catering team for information. If your child has a school lunch and has a food allergy or intolerance you will be asked to complete a form to ensure we have the necessary information to cater for your child.

| | Monday | Tuesday | Wednesday | Thursday | Friday |
|----------------------|---|--|--|--|---|
| Week 1 | | | | | |
| Main | Cheese & Tomato Pizza | Cottage Pie with Gravy | Roast Gammon with Roast Potatoes and Gravy | Chicken Curry with Rice | MSC Fish fingers with Chips |
| Vegetarian | Vegetable Hotpot | Shepherdess Pie | Quorn Roast with Roast Potatoes and Gravy | Macaroni Cheese with Garlic Slice | Vegetable pasty with Chips |
| Jacket Potato | Jacket Potato with Tuna | ½ Filled Baguette | Jacket Potato with Beans Carrot Cauliflower | ½ Filled Baguette Sweet corn Broccoli | Jacket Potato with Cheese Baked Beans Garden Peas |
| Dessert | Apple Crumble & Custard Yoghurt Fresh Fruit Platter | Chocolate Cocoa Cookie Yoghurt Fresh Fruit Salad | Chocolate banana Oat Square Yoghurt Fresh Fruit Platter | Fruit Strudel with Custard Yoghurt Fresh Fruit Salad | Cheese, Biscuits & Apple Yoghurt and Fruit Station |
| Week 2 | | | | | |
| Main | Cheese & Tomato Pizza | Sausages & Mash with Gravy | Roast Chicken with Stuffing Roast Potatoes and Gravy | Spaghetti Beef Bolognese | MSC Breaded Fishwich with Chips |
| Vegetarian | Lentil & Sweet Potato Curry with Rice | Quorn Mince Bolognese with Spaghetti | Mixed Vegetable Loaf with Roast Potatoes and Gravy | Vegetable lasagne with Garlic Slice | Cheese & Tomato Quiche with Chips |
| Jacket Potato | Jacket Potato with Tuna | ½ Filled Baguette | Jacket Potato with beans | ½ Filled Baguette | Jacket Potato with Cheese |
| Dessert | Coleslaw Sweet corn Fruit Sponge with Custard Yoghurt Fresh Fruit Platter | Peas Carrots Flapjack Yoghurt Fresh Fruit Chunks | Seasonal vegetables Shortbread Yoghurt Fresh Fruit Salad | Green Beans Carrots Peach Crumble with Custard Yoghurt Fresh Fruit Platter | Baked Beans Garden Peas Cheese, Biscuits & Apple Yoghurt and Fruit Station |
| Week 3 | | | | | |
| Main | Cheese & Tomato Pizza | Chicken & Sweetcorn Pasta Bake | Roast Pork Roast Potatoes and Gravy | Meatballs with Rice | MSC Battered Fish with Chips |
| Vegetarian | Vegetable Chilli with Rice | Vegetable Frittata | Vegetable Wellington with Roast Potatoes and Gravy | Vegetable fajita with rice | Bean Burger with Chips |
| Jacket Potato | Jacket Potato with Tuna | ½ Filled Baguette | Jacket Potato with Beans | ½ Filled baguette | Jacket Potato with Cheese |
| Dessert | Sweet corn Mixed Salad Pear & Ginger Sponge Yoghurt Fresh Fruit Platter | Green Beans Carrots Rice Pudding Yoghurt Fresh Fruit Salad | Savoy Cabbage Sweetcorn Chocolate Brownie Yoghurt Fresh Fruit Chunks | Broccoli Carrots Banana Cake with Custard Yoghurt Fresh Fruit Salad | Baked Beans Garden Peas Cheese, Biscuits & Apple Yoghurt and Fruit Station |

